## Wlodzimierz Nahorny Trio – Heart (1967)

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1 Ballada O Dwóch Serduszkach / Ballad Of Two Hearts 2:48 2 Miesiąc Dobroci / A Month Of Goodwill 7:04 3 Serce Muniaka / Muniak's Heart 5:47 4 Przecieki / Leaks 4:31 5 Przy Kasie / At The Cashier 5:28 6 Jak Dla Kogo / It Depends For Whom 4:58 7 List Pedanta / A Pedant's Letter 5:02 8 Na Wysokiej Cyrli / On A High Peak (Folk Tune) 4:46 Włodzimierz Nahorny - alto sax, piano Jacek Ostaszewski - bass Sergiusz Perkowski – drums

This incredible album presents a trio recording by virtuoso Polish saxophonist / pianist / composer Wlodzimierz Nahorny with bassist Jacek Ostaszewski and drummer Sergiusz Perkowski. Definitely one of the earliest examples of European Free Jazz, and the first Polish Free Jazz album in the full sense of the genre, it is amazing that such album was released in Socialist Poland in the midst of the country's darkest political age. Although based on short melodic themes, the music is adventurous and pioneering in every sense and as groundbreaking as any similar recordings made at the time in US or Western Europe. The level of virtuosity and interplay demonstrated by the musicians is breathtaking and the overall musical content is stunning. Nahorny plays also piano on some of the tracks and his performance is no less virtuosic, lyrical and melodic in contrast to his free saxophone excursions. Nahorny is also known for his association with the great Polish group Breakout, as being the first Polish Jazz musician to cooperate with Rock musicians. This is an absolute must for all lovers of Polish / European Jazz and a great piece of Jazz history!.--rockalterno70.wordpress.com

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