Spoonful Of Blues - Howlin' Screamin' and Cryin' (2017)



01. Rockin` At Midnite (4:37) 02. Howlin` Screamin` And Cryin` (2:36) 03. Take You Higher (4:34) 04. One Of The Boys (4:42) 05. Hard Graveled Roads (2:46) 06. See My Baby Home (3:44) 07. Let's Do It (5:03) 08. Baby Girl (2:42) 09. Oslo City Of Love (4:45) 10. Highway Fever (3:54) 11. One Way Ticket (4:02) Jostein Forsberg - vocals, harmonica, guitar Morten Omlid - guitars, background vocals Tony Caddle - bass Mr. X - drums

The Norwegian blues rebels, Spoonful of Blues, are by far the most rocking, rawboned and innovative Blues band in Norway today. The band's music is deeply rooted in the hard hitting, hypnotizing grooves and rhythms of the Mississippi hill country, combined with the best of classic rock and deep blues. Many have called Spoonful of Blues the black sheep of the family when it comes to the blues in Norway. This might be a good description; these guys are seeking the raw deepness in blues and rock instead of the sophistication and smoothness you find in the American west coast blues. Spoonful of Blues are chasing that Devil's music. In other words they're on the scent of the Deep Blues! If you're looking for an outstanding and completely different blues experience, Spoonful of Blues is what you're looking for!

Spoonful of Blues hails from Notodden, the blues capitol in Norway, and has received great reviews both nationally and internationally for their albums Sinners, Black Sheep, Chasin' That Devil's Music and Three Car Garage on Bluestown Records. Both Blues Wax, the world's largest internet magazine for blues, and Blues Revue, the world's premier blues magazine, has praised their previous album Black Sheep. Art Tipaldi wrote for Blues Wax: "As one of the premier bands in Norway, Spoonful is about havin' a party. This CD aptly captures the energy they bring to all they play".

Their newest release, Sinners, contains of 12 new songs penned by the band members Morten Omlid and Jostein Forsberg. Spoonful of Blues not only displays their love and comprehension

of the idiom, but with complete lack of fear they effectively combine deep blues with elements of classic rock from the 1950s, -60s and 70s and are cooking up some hot and spicy blues stew that are gaining them a reputation as the hottest and hardest working blues band in Norway right now.

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Their first record, Three Car Garage, gave the band some well deserved attention and brought them invitation to play the Sunflower River Blues Festival in Clarksdale, Mississippi. Spoonful of Blues have since then on occasion been the backing band on gigs for Clarksdale musicians Big Jack Johnson and James “Super Chikan” Johnson and Fat Possum recording artist Robert Belfour. With their second cd, Chasing That Devil’s Music, their reputation grew. The album received big attention in Europe and USA and brought them new invitations to play in America.

The summer of 2007 Spoonful Of Blues backed the Mississippi blues man James “Super Chikan” Johnson for two house rocking concerts at the Notodden Blues Festival in Norway. Spoonful Of Blues was also invited back the summer of 2007 to play the Sunflower River Blues & Gospel Festival for the second time. In between touring and recording sessions Spoonful Of Blues also took the time to back the British blues artist Ian Siegal for some very successful shows in Sweden in March 2007.

Spoonful Of Blues backed James “Super Chikan” Johnson on his Blues Music Awards winning album Chikadelic. The album was produced by Jostein Forsberg. Spoonful Of Blues also backed Louisiana Blues Legend Lazy Lester on his critically acclaimed album You Better Listen released in 2011. The album was produced by Morten Omlid. Jostein Forsberg and Morten Omlid was also involved in the Blues Music Awards nominated album Back To The Black Bayou by Louisiana Red.

To quote Blues Wax one more time “….. Spoonful delivers a message with passion. That message is that this ain’t yo’ daddy’s Blues band, but daddy would still dig it!” This is powerful stuff from the juke joints of Telemark – the Hill Country of Norway. --- bluestownrecords.com

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